







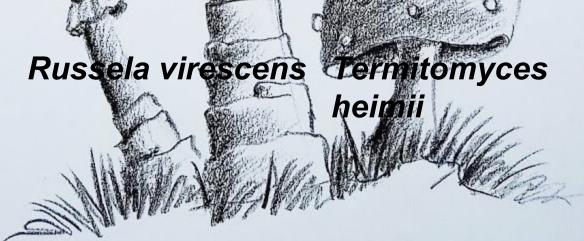
Russula rosea



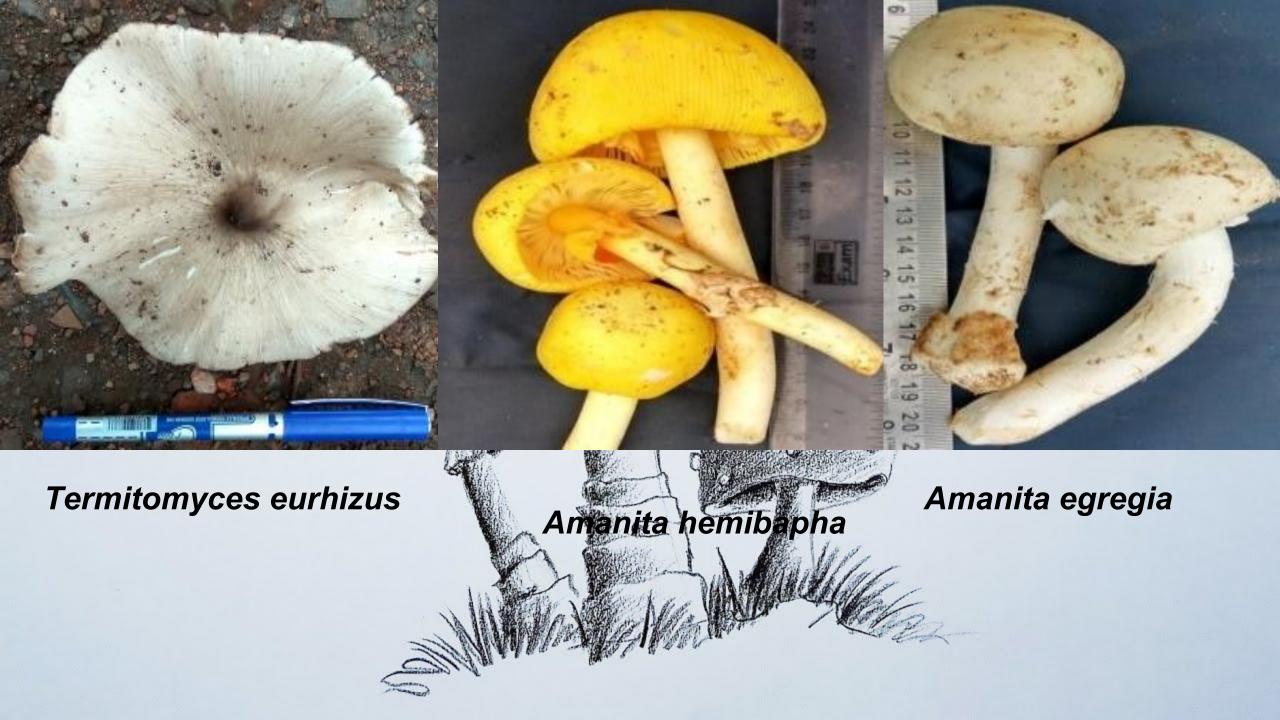
Russula voleipes

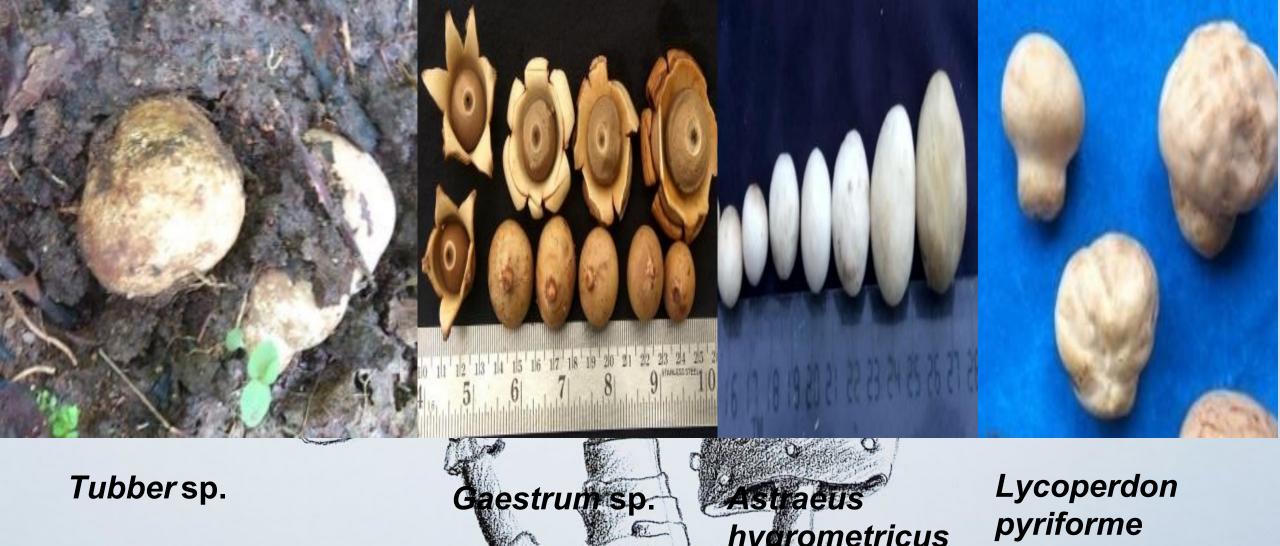


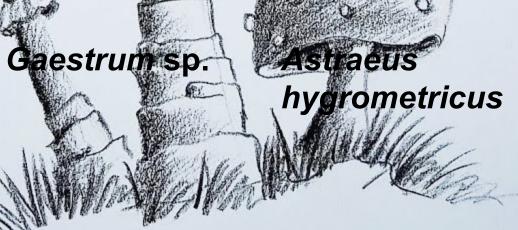
Russula cyanoxantha



Termitomyces microcarpus

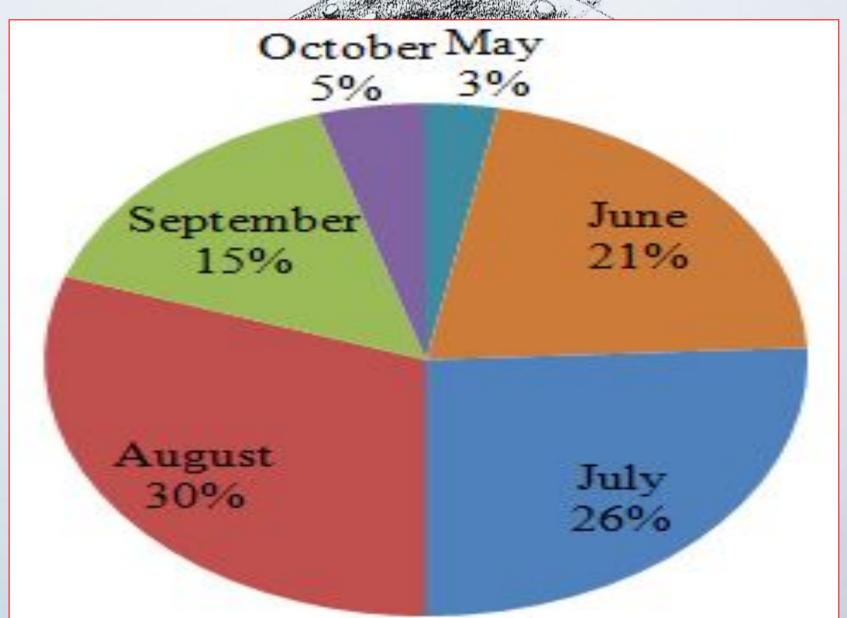






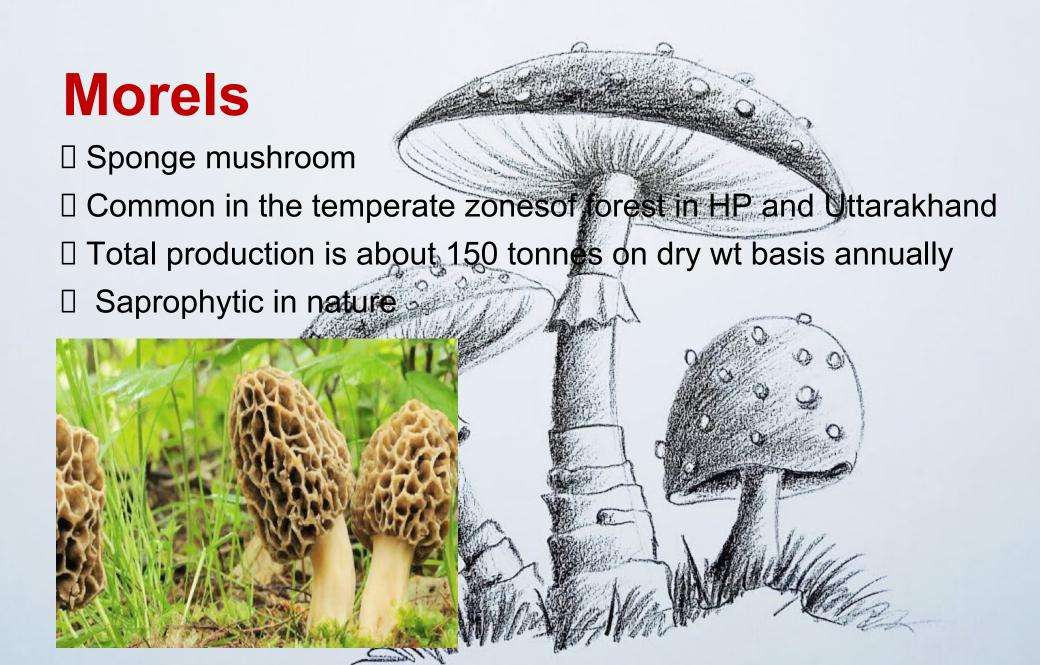


Occurrence of wild edible mushroom



Nutritional composition

Species	Protein	Carbohydrates	Fats	Ash	Fibre
Agaricus arvensis	32.87	32.91		0.18	0.14
Calvatia gigantea	41.06	28.38	2.12	7.9	18.23
Pleurotus florida	27.83	32.08	1.54	9.41	23.18
Russula delica	26.25	34.88	5.38	17.92	15.42
Termitomyces microcarpus	29.4	46.53	2.33	11.2	11.5



Species of Morchella

Species	Habitat
Morchella semilibera	On the ground in oak or beech woods and usually fruiting about a week before the large morels appear
Morchella angusticops(Black morel)	On sandy soils in woods. Widely distributed and often associated with <i>Populus</i> spp.
Morchella deliciosa(Delicious morel)	On the ground of in grassy places, usually at the edge of woods. Widely distributed but rare
Morchella esculenta	Usually in or near lightly burned grassy areas and swampy ground
Morchella conica(White morel)	On soil, in open forest, often a year or two after a forest fire

